

○ FlexCut sticky

○ FlexCut sticky **GiTD**

○ FlexCut sweet

○ FlexCut sticky **NightClub**

Garment Film   Heat Press   Cotton + Poly

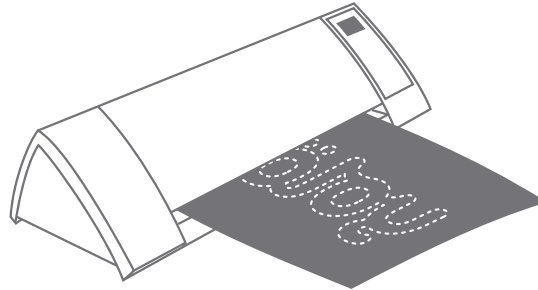
**1**

Mirror your image or artwork



**2**

Cut your image using a contour/plotter cutter, ensuring the blade cuts through the film only and not the release liner



**CRICUT GUIDELINES\***

SETTING Standard Iron On  
BLADE Standard Fine Cut  
PRESSURE Default

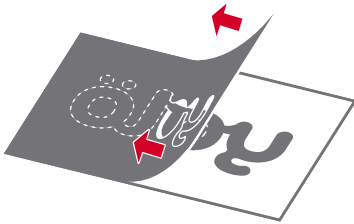
**SILHOUETTE BLADE SETTING\*** **2**

SPEED 8 THICKNESS 4

\*Adjust as necessary. Use a cutting mat (carrier sheet) and cut through the film layer only. Test cuts are recommended.

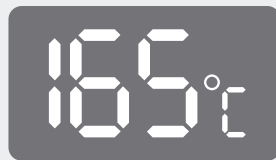
**3**

Weed away the unwanted film, leaving the image on the release liner (a weeding tool may help)



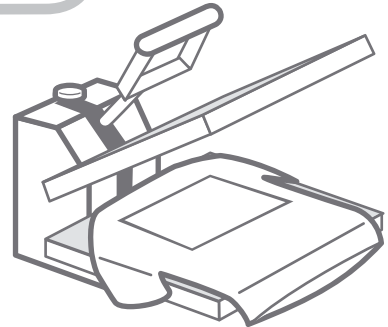
**4**

Prepare the heat press at 165°C / 330°F



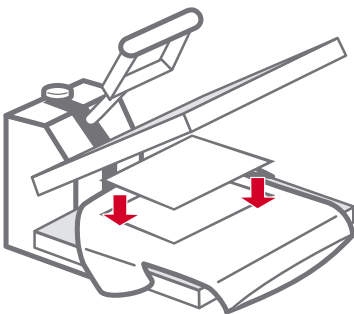
**5**

Place image face down on substrate



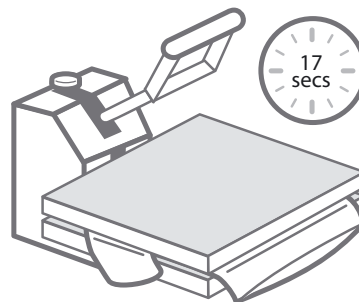
**6**

Cover with a Teflon or silicone sheet



**7**

Apply **medium** pressure for **17 seconds**



**8**



Peel when warm\*

24hrs before washing

\*After approximately 10 seconds for standard colours and 20-30 seconds for metallic colours

## wash and care instructions



Machine wash separately



Dry at low heat setting



Do not bleach or directly iron image

## contact

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♥ www.yolo.co.uk

Product code: **FSTC**

**FSGD (GiTD)**

**FSNI (NightClub)**

**FSWC (Sweet)**

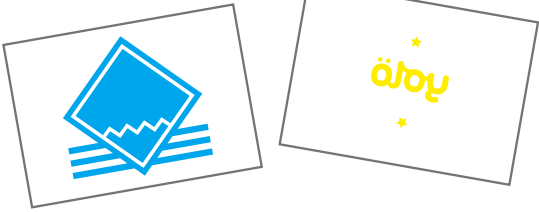
! Store in a cool, dry place and seal the packaging between uses

\*Applicable to FlexCut Sticky only (not GITD or NightClub)

1

Mirror your image or artwork and cut each colour using a contour/plotter cutter, ensuring the blade cuts through the film only and not the release liner.

Weed away the unwanted film, leaving the image on the release liner (a weeding tool may help).



**CRICUT GUIDELINES\***

SETTING **Standard Iron On**  
BLADE **Standard Fine Cut**  
PRESSURE **Default**

**SILHOUETTE**  
BLADE SETTING\* **2**  
SPEED **8** THICKNESS **4**

\*Adjust as necessary. Use a cutting mat (carrier sheet) and cut through the film layer only. Test cuts are recommended.

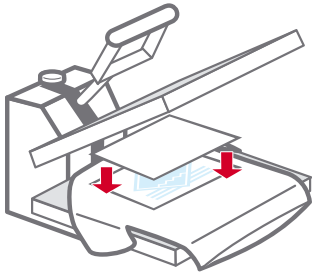
2

Prepare the heat press at **165°C / 330°F**



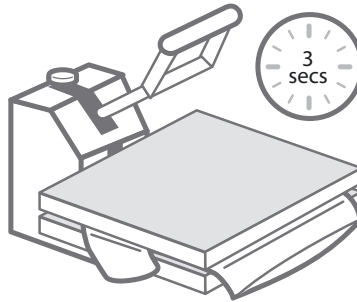
3

Place first colour (bottom layer) face down on substrate and cover with a Teflon or silicone sheet



4

Apply **medium** pressure for **3 seconds**



5

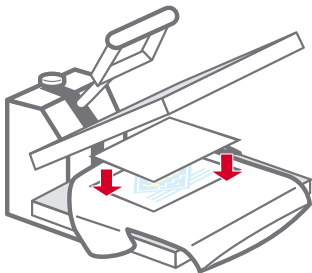


Peel when warm\*

\*After approximately 10 seconds

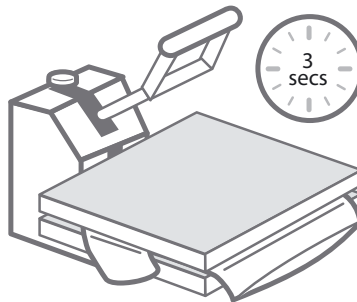
6

Place next colour (top layer) face down on substrate and cover with a Teflon or silicone sheet



7

Apply **medium** pressure for **3 seconds**



8

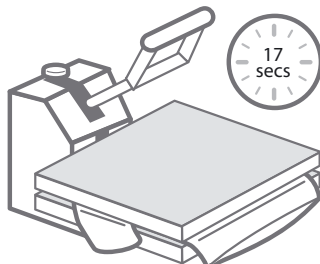


Peel when warm\*

\*After approximately 10 seconds

9

Cover your finished design with a Teflon or silicone sheet and apply **medium** pressure for **17 seconds**



10



Peel when cold

**yolo tip**

If you have more than two layers for your design, repeat Steps 6 - 8 before proceeding to Step 9.