

**1** Prepare your image or artwork.  
Print and cut your image using **solvent** or **eco-solvent** inks only (a THT profile is recommended)



**2** Leave the image for up to 6 hours to allow the ink to dry (time is dependent on ink and ambient conditions)




**3** Weed away the unwanted film (a weeding tool may help)



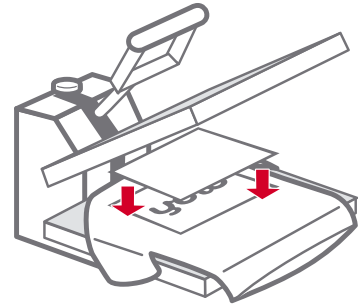
**4** Prepare the heat press at **115°C / 240°F**



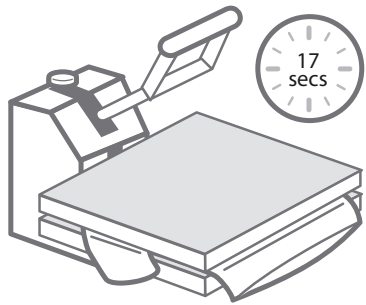
**5** Using application tape/mask, place image face up on substrate



**6** Cover with a Teflon or silicone sheet



**7** Apply **medium** to **heavy** pressure for **17 seconds**



**8**



Peel when warm\*

24hrs before washing

\*After approximately 10 seconds

**yolo tip**  
Repress for 5-7 seconds with a Teflon or silicone sheet to increase durability and achieve greater washing-fastness

wash and care instructions



Machine wash separately



Dry at low heat setting



Do not bleach or directly iron image

! Store in a cool, dry place and seal the packaging between uses

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Product code: **ESTN**

Printed on 100% recycled paper